Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: HZS

Coachinfo: Warming up from: 07:30 untill 08:25. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Mulkers Lander HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 2: 400M FREESTYLE MEN 11+ Heat:2, starttime: 09:06

Heat: 2/5 Lane : 5 Athlete: MATHIJS CORNEEL **Q-time: 06:51:79**

PB (25m pool): 06:51.79 Beringen 08/02/2026 **PB (50m pool):** 07:45.63 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		01:36.82		no time		03:22.55
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

	225M	250M	275M	300	325	350	375	400M
PB		no time		no time		no time		06:51.79
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 3: 100M BACKSTROKE MIXED 10-9 Heat:1, starttime: 09:32

Heat: 1/8 Lane : 4 Athlete: VANHEUSDEN CAMILLE **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BACKSTROKE MIXED 10-9 Heat:1, starttime: 09:32

Heat: 1/8 Lane : 5 Athlete: COSEMANS FINNE **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: HZS

Event number: 3: 100M BACKSTROKE MIXED 10-9 — Heat:2, starttime: 09:35

Heat: 2/8 Lane : 1 Athlete: BOGDANOVA ANNETE — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BACKSTROKE MIXED 10-9 — Heat:3, starttime: 09:38

Heat: 3/8 Lane : 6 Athlete: JANS AMéLIE — **Q-time: 02:03:60**

PB (25m pool): 02:03.60 Lommel 22/02/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		01:00.50		02:03.60	
	01:00.50		*01:03.10*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BACKSTROKE MIXED 10-9 — Heat:5, starttime: 09:44

Heat: 5/8 Lane : 2 Athlete: JANSSENS JANNE — **Q-time: 01:46:30**

PB (25m pool): 01:47.46 Lommel 22/02/2026 **PB (50m pool):** 01:46.30 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:51.77		01:47.46	
	00:51.77		*00:55.69*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+ — Heat:2, starttime: 09:56

Heat: 2/12 Lane : 3 Athlete: POELMANS JULIE — **Q-time: 01:41:98**

PB (25m pool): no time **PB (50m pool):** 01:41.98 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: HZS

Event number: 4: 100M BACKSTROKE WOMEN 11+ **Heat:3, starttime: 09:59**

Heat: 3/12 Lane : 4 Athlete: LENAERTS JULIA **Q-time: 01:34:96**

PB (25m pool): no time **PB (50m pool):** 01:34.96 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+ **Heat:3, starttime: 09:59**

Heat: 3/12 Lane : 5 Athlete: TAIBI AYA **Q-time: 01:35:79**

PB (25m pool): 01:35.79 Lommel 22/02/2026 **PB (50m pool):** 01:38.10 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:46.18		01:35.79	
		00:46.18		*00:49.61*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+ **Heat:3, starttime: 09:59**

Heat: 3/12 Lane : 6 Athlete: LIZIN NEL **Q-time: 01:40:90**

PB (25m pool): 01:40.90 Lommel 22/02/2026 **PB (50m pool):** 01:48.42 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:48.06		01:40.90	
		00:48.06		*00:52.84*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+ **Heat:4, starttime: 10:02**

Heat: 4/12 Lane : 2 Athlete: DANIELS LOTTE **Q-time: 01:32:83**

PB (25m pool): 01:38.34 Lommel 22/02/2026 **PB (50m pool):** 01:32.83 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:46.48		01:38.34	
		00:46.48		*00:51.86*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: HZS

Event number: 4: 100M BACKSTROKE WOMEN 11+ — Heat:5, starttime: 10:04

Heat: 5/12 Lane : 2 Athlete: PUT TYANA — **Q-time: 01:28:11**

PB (25m pool): 01:28.11 Eindhoven 28/06/2026 **PB (50m pool):** 01:28.42 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:42.56		01:28.11	
		00:42.56		*00:45.55*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+ — Heat:7, starttime: 10:08

Heat: 7/12 Lane : 1 Athlete: VAN GUYSE ADA — **Q-time: 01:23:92**

PB (25m pool): 01:24.34 Lommel 22/02/2026 **PB (50m pool):** 01:23.92 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:40.96		01:24.34	
		00:40.96		*00:43.38*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+ — Heat:7, starttime: 10:08

Heat: 7/12 Lane : 4 Athlete: DESAIR ANNA-LOUISE — **Q-time: 01:22:94**

PB (25m pool): 01:27.40 Beringen 08/02/2026 **PB (50m pool):** 01:22.94 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:27.40	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+ — Heat:8, starttime: 10:11

Heat: 8/12 Lane : 3 Athlete: BEVERNAGE TRIX — **Q-time: 01:20:59**

PB (25m pool): 01:20.59 Eindhoven 28/06/2026 **PB (50m pool):** 01:22.48 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:39.97		01:20.59	
		00:39.97		*00:40.62*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: HZS

Event number: 4: 100M BACKSTROKE WOMEN 11+ **Heat:8, starttime: 10:11**

Heat: 8/12 Lane : 6 Athlete: VANDER MEER AMBER **Q-time: 01:21:68**

PB (25m pool): 01:21.68 Tilburg 26/10/2025 **PB (50m pool):** 01:21.84 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:39.50		01:21.68	
		00:39.50		*00:42.18*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+ **Heat:9, starttime: 10:13**

Heat: 9/12 Lane : 2 Athlete: VANDER MEER NOOR **Q-time: 01:18:90**

PB (25m pool): 01:18.90 Lommel 22/02/2026 **PB (50m pool):** 01:19.20 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:37.88		01:18.90	
		00:37.88		*00:41.02*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+ **Heat:9, starttime: 10:13**

Heat: 9/12 Lane : 3 Athlete: VANIERSCHOT LINA **Q-time: 01:18:59**

PB (25m pool): 01:18.59 Lommel 22/02/2026 **PB (50m pool):** 01:21.18 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:38.30		01:18.59	
		00:38.30		*00:40.29*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+ **Heat:9, starttime: 10:13**

Heat: 9/12 Lane : 4 Athlete: FRANSSEN LYNA **Q-time: 01:18:70**

PB (25m pool): 01:18.70 Lommel 22/02/2026 **PB (50m pool):** 01:20.89 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:38.35		01:18.70	
		00:38.35		*00:40.35*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: HZS

Event number: 4: 100M BACKSTROKE WOMEN 11+ — **Heat:9, starttime: 10:13**

Heat: 9/12 Lane : 5 Athlete: COPERMANS SAM — **Q-time: 01:19:54**

PB (25m pool): 01:19.53 Pelt 06/10/2024 **PB (50m pool):** 01:21.96 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:19.53	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+ — **Heat:10, starttime: 10:15**

Heat: 10/12 Lane : 1 Athlete: CLAESSENS ELLA-LOUISE — **Q-time: 01:17:47**

PB (25m pool): 01:16.89 Maastricht 30/12/2024 **PB (50m pool):** 01:19.03 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:37.69		01:16.89	
		00:37.69		*00:39.20*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+ — **Heat:10, starttime: 10:15**

Heat: 10/12 Lane : 3 Athlete: SARGESJAN NALA — **Q-time: 01:16:09**

PB (25m pool): 01:19.07 Diksmuide 18/11/2023 **PB (50m pool):** 01:16.09 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:19.07	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+ — **Heat:10, starttime: 10:15**

Heat: 10/12 Lane : 5 Athlete: VANIERSCHOT NORA — **Q-time: 01:17:31**

PB (25m pool): 01:17.31 Hasselt 04/05/2025 **PB (50m pool):** 01:20.90 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:38.02		01:17.31	
		00:38.02		*00:39.29*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: HZS

Event number: 4: 100M BACKSTROKE WOMEN 11+ — **Heat:11, starttime: 10:17**

Heat: 11/12 Lane : 4 Athlete: THEWISSEN MIRTHE — **Q-time: 01:14:86**

PB (25m pool): 01:14.86 Hasselt 04/05/2025 **PB (50m pool):** 01:16.55 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:36.14		01:14.86	
		00:36.14		*00:38.72*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+ — **Heat:11, starttime: 10:17**

Heat: 11/12 Lane : 5 Athlete: BEUNCKENS TESS — **Q-time: 01:15:15**

PB (25m pool): 01:14.72 Maastricht 30/12/2024 **PB (50m pool):** 01:15.45 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:35.99		01:14.72	
		00:35.99		*00:38.73*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+ — **Heat:12, starttime: 10:19**

Heat: 12/12 Lane : 4 Athlete: VANIERSCHOT ELLA — **Q-time: 01:10:48**

PB (25m pool): 01:10.48 Hasselt 04/05/2025 **PB (50m pool):** 01:12.04 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:34.44		01:10.48	
		00:34.44		*00:36.04*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+ — **Heat:12, starttime: 10:19**

Heat: 12/12 Lane : 5 Athlete: VERLEYSEN NOA — **Q-time: 01:12:91**

PB (25m pool): 01:14.46 3500 Hasselt 20/10/2024 **PB (50m pool):** 01:12.91 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:37.60		01:14.46	
		00:37.60		*00:36.86*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: HZS

Event number: 5: 100M BACKSTROKE MEN 11+ — Heat:8, starttime: 10:38

Heat: 8/8 Lane : 2 Athlete: HAUBEN THOMAS — **Q-time: 01:07:92**

PB (25m pool): 01:07.92 Tilburg 26/10/2025 **PB (50m pool):** 01:09.22 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:32.77		01:07.92	
		00:32.77		*00:35.15*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M BUTTERFLY WOMEN 11+ — Heat:2, starttime: 10:42

Heat: 2/5 Lane : 3 Athlete: VANIERSCHOT LINA — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M BUTTERFLY WOMEN 11+ — Heat:3, starttime: 10:45

Heat: 3/5 Lane : 6 Athlete: STRIGENCZ ELIEN — **Q-time: 01:47:82**

PB (25m pool): 01:47.82 Beringen 08/02/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:46.48		01:47.82	
		00:46.48		*01:01.34*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M BUTTERFLY WOMEN 11+ — Heat:4, starttime: 10:47

Heat: 4/5 Lane : 5 Athlete: GERETS ANNELIEN — **Q-time: 01:23:31**

PB (25m pool): 01:23.31 Beringen 08/02/2026 **PB (50m pool):** 01:24.30 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:37.76		01:23.31	
		00:37.76		*00:45.55*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: HZS

Event number: 6: 100M BUTTERFLY WOMEN 11+ — Heat:5, starttime: 10:49

Heat: 5/5 Lane : 2 Athlete: CLAESSENS ISA-BEAU — **Q-time: 01:15:64**

PB (25m pool): 01:24.99 Eindhoven 28/06/2026 **PB (50m pool):** 01:15.64 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:39.43		01:24.99	
		00:39.43		*00:45.56*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 100M BUTTERFLY MEN 11+ — Heat:4, starttime: 10:57

Heat: 4/4 Lane : 1 Athlete: HOUSEN ILYA — **Q-time: 01:09:40**

PB (25m pool): 01:16.57 Hasselt 04/05/2025 **PB (50m pool):** 01:09.40 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:34.99		01:16.57	
		00:34.99		*00:41.58*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 100M BUTTERFLY MEN 11+ — Heat:4, starttime: 10:57

Heat: 4/4 Lane : 2 Athlete: VANDEPOEL QUINTEN — **Q-time: 01:04:08**

PB (25m pool): 01:04.08 Hasselt 12/10/2025 **PB (50m pool):** 01:04.66 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:30.44		01:04.08	
		00:30.44		*00:33.64*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 100M BUTTERFLY MEN 11+ — Heat:4, starttime: 10:57

Heat: 4/4 Lane : 3 Athlete: VANGROOTLOON JEF — **Q-time: 01:01:11**

PB (25m pool): 01:04.79 Beringen 16/03/2025 **PB (50m pool):** 01:01.11 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:29.94		01:04.79	
		00:29.94		*00:34.85*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: HZS

Event number: 8: 100M BREASTSTROKE MIXED 10-9 — Heat:1, starttime: 11:09

Heat: 1/8 Lane : 2 Athlete: COSEMANS FINNE — **Q-time: 99:99:99**

PB (25m pool): no time — **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9 — Heat:1, starttime: 11:09

Heat: 1/8 Lane : 6 Athlete: VANHEUSDEN CAMILLE — **Q-time: 99:99:99**

PB (25m pool): no time — **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9 — Heat:3, starttime: 11:15

Heat: 3/8 Lane : 6 Athlete: BOGDANOVA ANNETE — **Q-time: 02:04:51**

PB (25m pool): 02:04.51 De Sprink Bree 30/05/2026 — **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:58.47		02:04.51	
	00:58.47		*01:06.04*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9 — Heat:5, starttime: 11:20

Heat: 5/8 Lane : 5 Athlete: JANS AMéLIE — **Q-time: 01:56:59**

PB (25m pool): 01:56.59 Bilzen 25/01/2026 — **PB (50m pool):** 01:57.16 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:54.35		01:56.59	
	00:54.35		*01:02.24*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: HZS

Event number: 8: 100M BREASTSTROKE MIXED 10-9 — Heat:6, starttime: 11:22

Heat: 6/8 Lane : 4 Athlete: JANSSENS JANNE — **Q-time: 01:53:15**

PB (25m pool): 01:54.02 Eindhoven 28/06/2026 **PB (50m pool):** 01:53.15 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:52.03		01:54.02	
		00:52.03		*01:01.99*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 100M BREASTSTROKE WOMEN 11+ — Heat:3, starttime: 11:35

Heat: 3/12 Lane : 5 Athlete: LIZIN NEL — **Q-time: 01:52:68**

PB (25m pool): no time **PB (50m pool):** 01:52.68 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 100M BREASTSTROKE WOMEN 11+ — Heat:4, starttime: 11:38

Heat: 4/12 Lane : 5 Athlete: TAIBI AYA — **Q-time: 01:50:44**

PB (25m pool): 01:50.44 Eindhoven 28/06/2026 **PB (50m pool):** 01:50.45 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:51.80		01:50.44	
		00:51.80		*00:58.64*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 100M BREASTSTROKE WOMEN 11+ — Heat:7, starttime: 11:45

Heat: 7/12 Lane : 2 Athlete: DANIELS LOTTE — **Q-time: 01:39:51**

PB (25m pool): 01:39.51 Eindhoven 28/06/2026 **PB (50m pool):** 01:41.71 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:46.96		01:39.51	
		00:46.96		*00:52.55*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: HZS

Event number: 9: 100M BREASTSTROKE WOMEN 11+ — Heat:7, starttime: 11:45

Heat: 7/12 Lane : 4 Athlete: VANDER MEER NOOR — **Q-time: 01:39:13**

PB (25m pool): 01:39.45 Tilburg 26/10/2025 **PB (50m pool):** 01:39.13 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:47.16		01:39.45	
		00:47.16		*00:52.29*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 100M BREASTSTROKE WOMEN 11+ — Heat:7, starttime: 11:45

Heat: 7/12 Lane : 6 Athlete: VAN GUYSE ADA — **Q-time: 01:39:82**

PB (25m pool): 01:39.82 Hasselt 12/10/2025 **PB (50m pool):** 01:40.60 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:47.10		01:39.82	
		00:47.10		*00:52.72*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 100M BREASTSTROKE WOMEN 11+ — Heat:8, starttime: 11:47

Heat: 8/12 Lane : 1 Athlete: JASPERS LIEN — **Q-time: 01:36:34**

PB (25m pool): 01:42.13 Sinbad 08/01/2023 **PB (50m pool):** 01:36.34 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:42.13	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 100M BREASTSTROKE WOMEN 11+ — Heat:8, starttime: 11:47

Heat: 8/12 Lane : 5 Athlete: BEVERNAGE TRIX — **Q-time: 01:35:76**

PB (25m pool): 01:35.76 Eindhoven 28/06/2026 **PB (50m pool):** 01:35.89 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:45.51		01:35.76	
		00:45.51		*00:50.25*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: HZS

Event number: 9: 100M BREASTSTROKE WOMEN 11+ — Heat:10, starttime: 11:51

Heat: 10/12 Lane : 4 Athlete: VANIERSCHOT NORA — **Q-time: 01:31:67**

PB (25m pool): 01:31.67 Stedelijk Zwembad Geel 16/02/2025 **PB (50m pool):** 01:32.26 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:43.38		01:31.67	
		00:43.38		*00:48.29*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 100M BREASTSTROKE WOMEN 11+ — Heat:10, starttime: 11:51

Heat: 10/12 Lane : 6 Athlete: FRANSSEN LYNA — **Q-time: 01:32:51**

PB (25m pool): 01:33.61 Hasselt 12/10/2025 **PB (50m pool):** 01:32.51 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:45.18		01:33.61	
		00:45.18		*00:48.43*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 100M BREASTSTROKE WOMEN 11+ — Heat:11, starttime: 11:53

Heat: 11/12 Lane : 2 Athlete: VANDER MEER AMBER — **Q-time: 01:27:63**

PB (25m pool): 01:29.40 Hasselt 12/10/2025 **PB (50m pool):** 01:27.63 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:42.33		01:29.40	
		00:42.33		*00:47.07*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 100M BREASTSTROKE WOMEN 11+ — Heat:11, starttime: 11:53

Heat: 11/12 Lane : 5 Athlete: VERLEYSEN NOA — **Q-time: 01:27:86**

PB (25m pool): 01:27.86 Hasselt 12/10/2025 **PB (50m pool):** 01:33.06 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:41.85		01:27.86	
		00:41.85		*00:46.01*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: HZS

Event number: 9: 100M BREASTSTROKE WOMEN 11+ — Heat:11, starttime: 11:53

Heat: 11/12 Lane : 6 Athlete: LENAERTS JULIA — **Q-time: 01:30:90**

PB (25m pool): 01:40.48 Tilburg 26/10/2025 **PB (50m pool):** 01:30.90 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:48.66		01:40.48	
		00:48.66		*00:51.82*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 100M BREASTSTROKE WOMEN 11+ — Heat:12, starttime: 11:55

Heat: 12/12 Lane : 4 Athlete: SARGESJAN NALA — **Q-time: 01:21:28**

PB (25m pool): 01:21.28 Temse 17/11/2025 **PB (50m pool):** 01:25.17 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:38.73		01:21.28	
		00:38.73		*00:42.55*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 100M BREASTSTROKE MEN 11+ — Heat:2, starttime: 12:00

Heat: 2/8 Lane : 1 Athlete: VANGROOTLOON BERRE — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 100M BREASTSTROKE MEN 11+ — Heat:8, starttime: 12:14

Heat: 8/8 Lane : 5 Athlete: VANOPPEN MATHIAS — **Q-time: 01:13:06**

PB (25m pool): 01:13.06 Hasselt 12/10/2025 **PB (50m pool):** 01:14.54 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:33.85		01:13.06	
		00:33.85		*00:39.21*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: HZS

Event number: 11: 4x50M FREESTYLE WOMEN 11+ **Heat:1, starttime: 12:16**

Heat: 1/2 Lane : 2 Athlete: TEAM HZS 6 **Q-time: 02:45:01**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100	125	150	175	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 11: 4x50M FREESTYLE WOMEN 11+ **Heat:1, starttime: 12:16**

Heat: 1/2 Lane : 3 Athlete: TEAM HZS 4 **Q-time: 02:17:36**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100	125	150	175	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 11: 4x50M FREESTYLE WOMEN 11+ **Heat:1, starttime: 12:16**

Heat: 1/2 Lane : 4 Athlete: TEAM HZS 5 **Q-time: 02:18:63**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100	125	150	175	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 11: 4x50M FREESTYLE WOMEN 11+ **Heat:2, starttime: 12:20**

Heat: 2/2 Lane : 1 Athlete: TEAM HZS 3 **Q-time: 02:08:53**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100	125	150	175	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: HZS

Event number: 11: 4x50M FREESTYLE WOMEN 11+ — **Heat:2, starttime: 12:20**

Heat: 2/2 Lane : 2 Athlete: TEAM HZS 2 — **Q-time: 02:03:54**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100	125	150	175	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 11: 4x50M FREESTYLE WOMEN 11+ — **Heat:2, starttime: 12:20**

Heat: 2/2 Lane : 3 Athlete: TEAM HZS 1 — **Q-time: 01:56:21**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100	125	150	175	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 12: 4x50M FREESTYLE MEN 11+ — **Heat:2, starttime: 12:26**

Heat: 2/2 Lane : 3 Athlete: TEAM HZS 1 — **Q-time: 01:45:84**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100	125	150	175	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback: